

George M. Kontakis –Professor of Orthopaedics
(Short CV)

Titles-Positions (posts):

Graduate Education: National and Kapodistrian University of Athens School of Health Sciences (1987)

Medical Specialty: Orthopaedics and Traumatology, University Hospital of Heraklion, Crete, 1991-1995 (5 years)

PhD 1995: University of Crete

Professional Career

- 1997-2000: Registrar B', University Hospital of Heraklion
- 2000-2002: Assistant Professor of Orthopaedics, Dimocritus University of Thrace Medical School
- 2002-2009: Assistant Professor of Orthopaedics, University of Crete Medical School
- 2009-2013: Associate Professor of Orthopaedics, University of Crete Medical School
- 2014 until today: Professor of Orthopaedics, University of Crete Medical School
- 2014-2018: Dean of the School of Medicine, University of Crete

Post Graduate Education

- Sept. 2012, March, Nov., 2013: Spine Surgery in University of Copenhagen, Denmark
- Upper Limb Unit, March 2009-Sept. 2009: University of Leeds, Leeds General Infirmary, UK
- Apr 2000-Oct. 2000: University Hospital of L' Archett, Nice France
- July 1998: University of Texas Medical Branch at Galveston January
- 1998: Balgrist Hospital, University of Zurich
- Nov. 1996 -Dec 1996: Balgrist Hospital, University of Zurich March
- 1996: Balgrist Hospital, University of Zurich Sept.
- 1995, Shoulder and Elbow Clinic, University Hospital of Aarhus, Denmark

Teaching

- Orthopaedics
- Musculoskeletal Traumatology
- Anatomy of Musculoskeletal System (2008-2011)

Publications

- 1) [Candida glabrata prosthetic joint infection, successfully treated with anidulafungin: a case report and review of the literature.](#)
Koutserimpas C, Samonis G, Velivassakis E, Iliopoulou-Kosmadaki S, **Kontakis G**, Kofteridis DP.
Mycoses. 2017 Dec 22. doi: 10.1111/myc.12736.
- 2) [Impaired mRNA Expression of the Migration Related Chemokine Receptor CXCR4 in Mesenchymal Stem Cells of COPD Patients.](#)
Karagiannis K, Proklou A, Tsitoura E, Lasithiotaki I, Kalpadaki C, Moraitaki D, Sperelakis I, **Kontakis G**, Antoniou KM, Tzanakis N.
Int J Inflam. 2017;2017:6089425. doi: 10.1155/2017/6089425. Epub 2017 Jul 19.
- 3) [Differential expression of cell cycle and WNT pathway-related genes accounts for differences in the growth and differentiation potential of Wharton's jelly and bone marrow-derived mesenchymal stem cells.](#)
Batsali AK, Pontikoglou C, Koutroulakis D, Pavlaki KI, Damianaki A, Mavroudi I, Alpantaki K, Kouvidi E, **Kontakis G**, Papadaki HA.
Stem Cell Res Ther. 2017 Apr 26;8(1):102. doi: 10.1186/s13287-017-0555-9.
- 4) [Complications of Intra-articular Calcaneal Fractures in Adults: Key Points for Diagnosis, Prevention, and Treatment.](#)
Koutserimpas C, Magarakis G, Kastanis G, **Kontakis G**, Alpantaki K.
Foot Ankle Spec. 2016 Sep 9. pii: 1938640016668030. [Epub ahead of print] Review.

- 5) [Interpretation of Post-operative Distal Humerus Radiographs After Internal Fixation: Prediction of Later Loss of Fixation.](#)
Claessen FMAP, Stoop N, Doornberg JN, Guitton TG, van den Bekerom MPJ, Ring D; Science of Variation Group. J Hand Surg Am. 2016 Oct;41(10):e337-e341. doi: 10.1016/j.jhsa.2016.07.094. Epub 2016 Aug 10.
- 6) [The factors influencing the decision making of operative treatment for proximal humeral fractures.](#)
Hageman MG, Jayakumar P, King JD, Guitton TG, Doornberg JN, Ring D; Science of Variation Group. J Shoulder Elbow Surg. 2015 Jan;24(1):e21-6. doi: 10.1016/j.jse.2014.05.013. Epub 2014 Aug 29.
- 7) [Interobserver variability in the treatment of little finger metacarpal neck fractures.](#)
Tosti R, Ilyas AM, Mellema JJ, Guitton TG, Ring D; Science of Variation Group. J Hand Surg Am. 2014 Sep;39(9):1722-7. doi: 10.1016/j.jhsa.2014.05.023. Epub 2014 Jul 14.
- 8) [Radiographic loss of contact between radial head fracture fragments is moderately reliable.](#)
Bruinsma WE, Guitton T, Ring D; Science of Variation Group. Clin Orthop Relat Res. 2014 Jul;472(7):2113-9. doi: 10.1007/s11999-014-3592-z.
- 9) [Evaluation of the reliability of a new non-invasive method for assessing the functionality and mobility of the spine.](#)
Topalidou A, Tzagarakis G, Souvatzis X, **Kontakis G**, Katonis P. Acta Bioeng Biomech. 2014;16(1):117-24.
- 10) [Interobserver reliability of classification and characterization of proximal humeral fractures: a comparison of two and three-dimensional CT.](#)
Bruinsma WE, Guitton TG, Warner JJ, Ring D; Science of Variation Group. J Bone Joint Surg Am. 2013 Sep 4;95(17):1600-4.
- 11) [How surgeons make decisions when the evidence is inconclusive.](#)
Hageman MG, Guitton TG, Ring D; Science of Variation Group. J Hand Surg Am. 2013 Jun;38(6):1202-8.
- 12) [Evidence of sympathetic innervation and \$\alpha\$ 1-adrenergic receptors of the long head of the biceps brachii tendon.](#)
Tosounidis T, Hadjileontis C, Triantafyllou C, Sidiropoulou V, Kafanas A, **Kontakis G**. J Orthop Sci. 2013 Mar;18(2):238-44.
- 13) [Diagnosis of union of distal tibia fractures: accuracy and interobserver reliability.](#)
van Kollenburg JA, Vrahas MS, Smith RM, Guitton TG, Ring D; Science of Variation Group. Injury. 2013 Aug;44(8):1073-5.
- 14) [Management of bone infections in adults: the surgeon's and microbiologist's perspectives.](#)
Mouzopoulos G, Kanakaris NK, **Kontakis G**, Obakponovwe O, Townsend R, Giannoudis PV. Injury. 2011 Dec;42 Suppl 5:S18-23.
- 15) [Fractures of the ulnar coronoid process.](#)
Manidakis N, Sperelakis I, Hackney R, **Kontakis G**. Injury. 2012 Jul;43(7):989-98.
- 16) [Angiogenesis-related cytokines, RANKL, and osteoprotegerin in multiple myeloma patients in relation to clinical features and response to treatment.](#)
Sfiridaki K, Pappa CA, Tsirakis G, Kanellou P, Kaparou M, Stratinaki M, Sakellaris G, **Kontakis G**, Alexandrakis MG. Mediators Inflamm. 2011;2011:867576.
- 17) [Use of femoral shaft fracture classification for predicting the risk of associated injuries.](#)
Nikolaou VS, Stengel D, Konings P, **Kontakis G**, Petridis G, Petrakakis G, Giannoudis PV. J Orthop Trauma. 2011 Sep;25(9):556-9.
- 18) [The effect of antibiotics on bone healing: current evidence.](#)
Pountos I, Georgouli T, Bird H, **Kontakis G**, Giannoudis PV. Expert Opin Drug Saf. 2011 Nov;10(6):935-45.
- 19) [Safety and efficacy of rivaroxaban for thromboprophylaxis following lower limb surgery: an update.](#)
Goff T, **Kontakis G**, Giannoudis PV. Expert Opin Drug Saf. 2011 Sep;10(5):687-96.
- 20) [The management of post-traumatic osteoarthritis.](#)
Mouzopoulos G, Kanakaris NK, Mokawem M, **Kontakis G**, Giannoudis PV. Minerva Med. 2011 Feb;102(1):41-58. Review.
- 21) [Prognostic significance of stability in slipped upper femoral epiphysis: a systematic review and meta-analysis.](#)

- Tosounidis T, Stengel D, **Kontakis G**, Scott B, Templeton P, Giannoudis PV.
J Pediatr. 2010 Oct;157(4):674-80.
- 22) [Influence of acute anterior cruciate ligament deficiency in gait variability.](#)
Tzagarakis GN, Tsigoulis SD, Papagelopoulou PJ, Mastrokalos DS, Papadakis NC, Kampanis NA, Kontakis GM, Nikolaou PK, Katonis PG.
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- 23) [The tendon of the long head of the biceps in complex proximal humerus fractures: a histological perspective.](#)
Tosounidis T, Hadjileontis C, Georgiadis M, Kafanas A, **Kontakis G**.
Injury. 2010 Mar;41(3):273-8.
- 24) [Elderly tibial shaft fractures: Open fractures are not associated with increased mortality rates.](#)
Cox G, Jones S, Nikolaou VS, **Kontakis G**, Giannoudis PV.
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- 25) [Use of bone morphogenetic proteins in arthrodesis: clinical results.](#)
Kanakaris NK, Mallina R, Calori GM, **Kontakis G**, Giannoudis PV.
Injury. 2009 Dec;40 Suppl 3:S62-6.
- 26) [Management, complications and clinical results of femoral head fractures.](#)
Giannoudis PV, **Kontakis G**, Christoforakis Z, Akula M, Tosounidis T, Koutras C.
Injury. 2009 Dec;40(12):1245-51.
- 27) [Efficacy of minimally invasive techniques for enhancement of fracture healing: evidence today.](#)
Pountos I, Georgouli T, **Kontakis G**, Giannoudis PV.
Int Orthop. 2010 Feb;34(1):3-12.
- 28) [Early management of complex proximal humeral fractures using the Aequalis fracture prosthesis: a two- to five-year follow-up report.](#)
Kontakis GM, Tosounidis TI, Christoforakis Z, Hadjipavlou AG.
J Bone Joint Surg Br. 2009 Oct;91(10):1335-40.
- 29) [Treatment of proximal humerus fractures with locking plates: a systematic review.](#)
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J Shoulder Elbow Surg. 2009 Nov-Dec;18(6):837-44.
- 30) [Treatment of long bone aseptic non-unions: monotherapy or polytherapy?](#)
Giannoudis PV, **Kontakis G**.
Injury. 2009 Oct;40(10):1021-2. doi: 10.1016/j.injury.2009.07.064. Epub 2009 Aug 14. No abstract available.
- 31) [Management of pelvic instability secondary to chronic pyogenic sacroiliitis: case report.](#)
Kanakaris NK, Psarakis S, Chalidis B, **Kontakis G**, Giannoudis PV.
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- 32) [Intramedullary nailing for the treatment of aseptic femoral shaft non-unions after plating failure: effectiveness and timing.](#)
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- 33) [The influence of osteoporosis in femoral fracture healing time.](#)
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- 34) [Varicosities as an etiology of tarsal tunnel syndrome and the significance of tinel's sign: report of two cases in young men and a review of the literature.](#)
Pasku DS, Karampekios SK, Kontakis GM, Katonis PG.
J Am Podiatr Med Assoc. 2009 Mar-Apr;99(2):144-7. Review.
- 35) [Fractures of the hip and osteoporosis: the role of bone substitutes.](#)
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J Bone Joint Surg Br. 2009 Mar;91(3):294-303.
- 36) [Treatment and outcomes of pelvic malunions and nonunions: a systematic review.](#)
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Clin Orthop Relat Res. 2009 Aug;467(8):2112-24.
- 37) [The role of erythropoietin in the acute phase of trauma management: evidence today.](#)
Kanakaris NK, Petsatodis G, Chalidis B, Manidakis N, **Kontakis G**, Giannoudis PV.

- Injury. 2009 Jan;40(1):21-7
- 38) [Long-term quality of life in trauma patients following the full spectrum of tibial injury \(fasciotomy, closed fracture, grade IIIB/IIIC open fracture and amputation\).](#)
Giannoudis PV, Harwood PJ, **Kontakis G**, Allami M, Macdonald D, Kay SP, Kind P.
Injury. 2009 Feb;40(2):213-9. doi: 10.1016/j.injury.2008.05.024.
- 39) [Prosthetic replacement for proximal humeral fractures.](#)
Kontakis G, Tosounidis T, Galanakis I, Megas P.
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- 40) [Early management of proximal humeral fractures with hemiarthroplasty: a systematic review.](#)
Kontakis G, Koutras C, Tosounidis T, Giannoudis P.
J Bone Joint Surg Br. 2008 Nov;90(11):1407-13.
- 41) [Orthopaedic Radiology . Pathology Conference: painful ulnar lesion in a 16-year-old boy.](#)
Kontakis GM, Karantanias AH, Papagelopoulos PJ.
Clin Orthop Relat Res. 2009 Mar;467(3):861-6.
- 42) [The natural history of a mistreated ipsilateral Galeazzi and Monteggia lesion: report of a case 39 years post-injury.](#)
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- 43) [Application of BMP-7 to tibial non-unions: a 3-year multicenter experience.](#)
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- 44) [Efficacy of autologous iliac crest bone graft and bone morphogenetic proteins for posterolateral fusion of lumbar spine: a meta-analysis of the results.](#)
Papakostidis C, **Kontakis G**, Bhandari M, Giannoudis PV.
Spine (Phila Pa 1976). 2008 Sep 1;33(19):E680-92.
- 45) [Intradural tumours of the lumbar spine presenting with low back pain: report of two cases and review of the literature.](#)
Katonis P, **Kontakis G**, Pasku D, Tzermiadianos M, Tzanakakis G, Hadjipavlou A.
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- 46) [Is the lateral sacral fluoroscopic view essential for accurate percutaneous sacroiliac screw insertion? An experimental study.](#)
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- 47) [Mechanoreceptors of the posterior cruciate ligament.](#)
Katonis P, Papoutsidakis A, Aligizakis A, Tzanakakis G, Kontakis GM, Papagelopoulos PJ.
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- 48) [Translational research: from benchside to bedside.](#)
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- 49) [Clinical research: the patients' perspectives.](#)
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- 50) [Pelvic ring disruptions: treatment modalities and analysis of outcomes.](#)
Papakostidis C, Kanakaris NK, **Kontakis G**, Giannoudis PV.
Int Orthop. 2009 Apr;33(2):329-38.
- 51) [External fixation devices in the treatment of fractures of the tibial plafond: a systematic review of the literature.](#)
Papadokostakis G, **Kontakis G**, Giannoudis P, Hadjipavlou A.
J Bone Joint Surg Br. 2008 Jan;90(1):1-6. Review.
- 52) [Quantification and characterisation of endothelial injury after trauma.](#)
Giannoudis PV, Tosounidis TI, Kanakaris NK, **Kontakis G**.
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- 53) [Necrotising fasciitis of upper and lower limb: a systematic review.](#)
Angoules AG, **Kontakis G**, Drakoulakis E, Vrentzos G, Granick MS, Giannoudis PV.

- Injury. 2007 Dec;38 Suppl 5:S19-26.
- 54) [The efficacy of negative pressure wound therapy in the management of lower extremity trauma: review of clinical evidence.](#)
Kanakaris NK, Thanasas C, Keramaris N, **Kontakis G**, Granick MS, Giannoudis PV.
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- 55) [Isolated synovial cyst of the acromio-clavicular joint associated with joint degeneration and an intact rotator cuff.](#)
Kontakis GM, Tosounidis TH, Karantanas A.
Acta Orthop Belg. 2007 Aug;73(4):515-20.
- 56) [Humeral diaphyseal aseptic non-unions: an Algorithm of management.](#)
Kontakis GM, Tosounidis T, Pagkalos J.
Injury. 2007 May;38 Suppl 2:S39-49. Review.
- 57) [Release of the subscapularis tendon and muscle: a limited gain in length.](#)
Boileau P, Kontakis GM, Trossarelli P, Coste JS.
Orthopedics. 2007 Aug;30(8):657-61.
- 58) [Radiologic case study. Diagnosis. The case: Langerhans cell histiocytosis.](#)
Kontakis GM, Christoforakis Z, Katonis PG.
Orthopedics. 2007 Aug;30(8):590, 672-5.
- 59) [Bioabsorbable materials in orthopaedics.](#)
Kontakis GM, Pagkalos JE, Tosounidis TI, Melissas J, Katonis P.
Acta Orthop Belg. 2007 Apr;73(2):159-69. Review.
- 60) [Is there a safe area for the axillary nerve in the deltoid muscle?](#)
Kontakis GM.
J Bone Joint Surg Am. 2007 May;89(5):1134-5; author reply
- 61) [Can we accelerate fracture healing? A critical analysis of the literature.](#)
Giannoudis P, Psarakis S, **Kontakis G**.
Injury. 2007 Mar;38 Suppl 1:S81-9. Review.
- 62) [The long biceps tendon as the main cause of shoulder pain in rotator cuff tears.](#)
Kontakis GM.
Orthopedics. 2007 Mar;30(3):185.
- 63) [Fat embolism: special situations bilateral femoral fractures and pathologic femoral fractures.](#)
Kontakis GM, Tossounidis T, Weiss K, Pape HC, Giannoudis PV.
Injury. 2006 Oct;37 Suppl 4:S19-24. Review. Erratum in: Injury. 2007 Oct;38(10):1224.
- 64) [Delayed diagnosis of a symptomatic osteochondroma of the distal clavicle.](#)
Kontakis GM, Karantanas AH, Pasku D, Alpantaki K, Katonis P, Hadjipavlou AG.
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- 65) [Stabilisation of a posteriorly unstable glenohumeral joint during total shoulder arthroplasty: A novel capsulorrhaphy technique.](#)
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- 66) [Intramedullary nailing for non-union of the humeral diaphysis: a review.](#)
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J Bone Joint Surg Am. 2005 Jul;87(7):1580-3.
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- 70) [Shoulder hemiarthroplasty in the management of humeral head fractures.](#)
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- Acta Orthop Belg. 2004 Jun;70(3):214-8.
- 71) [Relevance of the restoration of humeral length and retroversion in hemiarthroplasty for humeral head fractures.](#)
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- 73) [Complications and problems related to pedicle screw fixation of the spine.](#)
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- 74) [Effectiveness and pitfalls of percutaneous transpedicle biopsy of the spine.](#)
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- 76) [Embryo/fetus radiation dose and risk from dual X-ray absorptiometry examinations.](#)
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- 77) [Paget's disease of the bone and its management.](#)
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- 78) [Posterolateral approach of the shoulder: assessment of 50 cases.](#)
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J Shoulder Elbow Surg. 2001 Mar-Apr;10(2):136-9.
- 81) [Treatment of unstable thoracolumbar and lumbar spine injuries using Cotrel-Dubousset instrumentation.](#)
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Sapkas G, Papadakis S, Katonis P, Roidis N, **Kontakis G**.
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- 87) [Rolando's fracture treated by closed reduction and external fixation.](#)
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- 88) [Subcoracoid trapping of the proximal fragment of a fractured clavicle.](#)
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- 89) [Posterior dislocation of the shoulder associated with fracture of the humeral anatomic neck.](#)
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Calcif Tissue Int. 1995 Dec;57(6):419-21.
- 93) [Dislocation of the shoulder and ipsilateral fracture of the humeral shaft: case reports and literature review.](#)
Kontakis GM, Galanakis IA, Steriopoulos KA.
J Trauma. 1995 Nov;39(5):990-2. Review.
- 94) [Variation between os calcis as measured by broadband ultrasound attenuation.](#)
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